

SUPPORTS FOR SENIORS IN NORTHUMBERLAND COUNTY



General

Canadian Red Cross

Providing general information to those affected by COVID-19
1 (800) 863-6582

Seniors Info Line

Information about provincial programs and services
1 (855) 550-0552

Social Development

Social Assistance
Email sd-ds@gnb.ca
1 (506) 453-2001



Food

• Miramichi Community Food Bank

Call to order, clients will be told when placing order when their pick-up time will be / miramichifoodbank@gmail.com, 163 Henry St., Miramichi, (506) 622-1838

• Atlantic Superstore (Miramichi)

Seniors hours from 7am-8am, offers PC express online grocery shopping & pick-up. 408 King George HWY (506) 627-0200

• Greater Blackville Resource Centre

Providing food and other resources to those in need / Food Box distribution is the 3rd Wednesday of every month. New clients are asked to call ahead to register (506) 843-9024.

• Blackville Foodland

Seniors hours each day from 8am-9am, (506) 843-9001

• Trevor's Independent (Doaktown)

Free delivery, curbside pick-up, seniors hours available, call to order. 419 Main St, Doaktown / (506) 365-7852

• Grocery Stores and Delivery Services

Many grocery stores are providing delivery or curb-side pick up. Many are opening their doors early for seniors and those with other health concerns to give them an opportunity to shop with fewer customers around. Hours may have changed. Contact your local store.

• CHIMO Help Line (NB)

24/7 confidential crisis phone line / 1 (800) 667-5005

• Ability NB

Support for individuals with a mobility disability / 1 (866) 462-9555

• Friendly Calls (Red Cross)

Feeling isolated or lonely due to COVID-19? Register to receive a friendly weekly phone call. Monday to Friday 8:30 a.m. to 4:30 p.m. / Contact 1-833-729-0144

• Canadian National Institute for the Blind (CNIB)

Assistance for those with visual impairments / 1 (800) 563-2642

• Miramichi Hope House

Community-based service of the Miramichi. Addiction & Mental Health Services, offering appointments by phone, (506) 778-6111

• Central Miramichi Community Health Centre

Telephone check-ins, helping fill out low-income seniors benefit, connecting to physicians/resources, nutritional consultations, etc. (506) 365-6100



Mental & Physical Health

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- **Government of Canada Information on Benefits**

Information on benefits/pensions during COVID-19/

Online at <https://www.canada.ca/en/services/benefits/publicpensions/notice-covid-19.html> / 1 (800) 277-9914

- **Service Canada Outreach Support Centre**

If you are facing any barriers to accessing benefits and services, the Service Canada Outreach Support Centre can help. Outreach workers are available Monday to Friday from 8:30 a.m. to 4:00 p.m. at 1-(877)-464-2657.



Financial

- **Low-income Seniors' Benefit NB**

Offering a one-time \$400 benefit to low-income seniors/ Online at <https://www2.gnb.ca/content/gnb/en/departments/finance/promo/seniors.html> 1-800-669-7070

- **Home Energy Assistance Program**

Offering a one-time payment of \$100 to help cope with high energy costs/ <https://www2.gnb.ca/content/gnb/en/departments/finance/promo/heap.html> / 1 (800) 669-7070

- **Emergency Fuel Benefit**

Designed to provide assistance to eligible households to assist with the costs of winter heating / 1 (866) 441-4245

https://www2.gnb.ca/content/gnb/en/services/services_renderer.200993.Emergency_Fuel_Benefit.html

- **NB Drug Plans for Seniors**

Plans to cover prescription drugs for seniors/ 1 (800) 332-3692 www.gnb.ca/drugplan



Transportation

- **Maritime Bus**

Travel throughout the Maritimes / 1 (800) 575-1807

- **Miramichi City Transit**

<https://miramichitransit.ca/> (506) 623-2370



Other Services

- **Emergency Social Services**

Phone line to provide crisis counselling and/or arrange for financial assistance/ (Miramichi) 1 (866) 441-4246 (Mon-Fri) or after hours call 1-800-442-9799

