

 Funded in part by United Way Central NB

## General

### Canadian Red Cross

Providing general information to those affected by COVID-19

1 (800) 863-6582

### Seniors Info Line

Information about provincial programs and services

1 (855) 550-0552

### Social Development

Social Assistance  
Email [sd-ds@gnb.ca](mailto:sd-ds@gnb.ca)

1 (506) 453-2001



### • Connect Nord-Ouest - Delivery & Meal Services

\$5 grocery/medication delivery service offered from Connors to Grand-Falls. Meal delivery service for seniors throughout Madawaska county. For both programs, contact: [connectnw@gmail.com](mailto:connectnw@gmail.com) / (506) 733 -2336



### • Atelier R.A.D.O. Inc.

Community kitchen, food bank, clothing depot, and emergency services. 325 rue Saint-François, Edmundston / (506) 735-6313

### • Grand Falls Regional Food Bank (Saint-Léonard & Saint-André)

Providing food and other resources to those in need/ 363 Portage Road, Grand Falls (506) 473-2001

### • Grocery Stores and Delivery Services

Some grocery stores are providing delivery or curbside pick up. Some are opening their doors early for seniors to give them an opportunity to shop with fewer customers around. Hours may have changed. Contact your local store.



## Food



### • Chimo Help Line (NB)

Feeling lonely? Looking for help? CHIMO offers a 24/7 confidential and caring crisis phone line. They are ready to listen and help. 1 (800) 667-5005

### • Friendly Calls (run by the Red Cross)

Feeling isolated or lonely due to COVID-19? Register to receive a friendly weekly phone call. Monday to Friday 8:30 a.m. to 4:30 p.m. / Contact 1-833-729-0144



### • Ability NB

Support for individuals with a mobility disability /1 (866) 462-9555



### • Canadian National Institute for the Blind (CNIB)

Assistance for those with visual impairments / 1 (800) 563-2642

### • Addictions & Mental Health Services

A general phone line for mental health concerns / (506) 453-2132



## Mental & Physical Health



## Financial

- **Government of Canada Information on Benefits**

Information on benefits/pensions during COVID-19/

Online at <https://www.canada.ca/en/services/benefits/publicpensions/notice-covid-19.html> / 1 (800) 277-9914

- **Service Canada Outreach Support Centre**

If you are facing any barriers to accessing benefits and services, the Service Canada Outreach Support Centre can help. Outreach workers are available Monday to Friday from 8:30 a.m. to 4:00 p.m. at 1-(877)-464-2657.

- **Low-income Seniors' Benefit NB**

Offering a one-time \$400 benefit to low-income seniors/ Online at <https://www2.gnb.ca/content/gnb/en/departments/finance/promo/seniors.html> 1-800-669-7070

- **Home Energy Assistance Program**

Offering a one-time payment of \$100 to help cope with high energy costs/ <https://www2.gnb.ca/content/gnb/en/departments/finance/promo/heap.html> / 1 (800) 669-7070

- **Emergency Fuel Benefit**

Designed to provide assistance to eligible households to assist with the costs of winter heating / 1 (866) 441-4249

[https://www2.gnb.ca/content/gnb/en/services/services\\_renderer.200993.Emergency\\_Fuel\\_Benefit.html](https://www2.gnb.ca/content/gnb/en/services/services_renderer.200993.Emergency_Fuel_Benefit.html)

- **NB Drug Plans for Seniors**

Plans to cover prescription drugs for seniors/ 1 (800) 332-3692 [www.gnb.ca/drugplan](http://www.gnb.ca/drugplan)

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- **City of Edmundston COVID 19 Municipal Info Line**

For general questions regarding COVID 19/ (506) 737- 6844 / [covid19@edmundston.ca](mailto:covid19@edmundston.ca)

- **Connect Nord-Ouest Seniors Friendly Call Service**

Service to provide support to seniors in order to break social isolation and ensure their needs are met. Register by email: [connectnw@gmail.com](mailto:connectnw@gmail.com) / or call (506) 733 -2336

- **Emergency Social Services**

Phone line to provide crisis counselling and/or arrange for financial assistance/ 1 (866) 441-4249 (Mon-Fri) or after hours call 1-800-442-9799



## Other Services

